



# Stacy Brittain B.A. M.H., M.A.

Licensed Marriage Family Therapist  
MFC 53328

- \* Is there room for growth in your intimate relationships?
- \* Is pain from your past blocking satisfaction in current relationships?
- \* Do you desire to grow but don't understand what steps are needed?

Facing conflict, stress and pain in personal or work relationships can be challenging. But facing these issues with a trusted counselor can open doors to healing, new ways of relating, and lasting, satisfying change.

Stacy is no stranger to conflict and stress. She has learned how to find freedom through her own journey to overcome the effects of childhood sexual abuse, and has spent 20 years leading groups helping others find healing and wholeness.

She is happily married to Craig. She is a Master Herbalist and loves cycling, gardening, growing her own food, knitting, spinning yarn and song writing. She has been a professional volleyball player and carpenter.

## Specialties

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Healing Groups  
Individuals, Children  
Dream Interpretation

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